

DIVING DEEPER WITH NHA®EXPERT: CELESTE ELSEY

Wellness for NOW

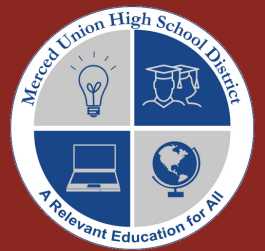
Staff & Parents will participate in activities related to the 3 Stands and will learn strategies to support our own well being and the well being of the children in our lives.

12.16.21

5:30PM-7PM via Zoom

REGISTER HERE:

<https://forms.gle/fxWSbU4WBTscf2Jl6>



Prior NHA training encouraged, but not required to attend. MUHSD staff will be compensated for attendance. Registration will close once capacity is met.



Celeste Elsey, M.A. Special Education, has been an Advanced Trainer in the Nurtured Heart Approach® (NHA) for the past 13 years. She has trained parents, caregivers, therapists, social workers and educators across the United States. Celeste is the author of *Greatness Kids Initiative* and leads GKI groups, teaching youth how to use NHA in their own lives. Celeste's background in education includes teaching special education in middle school, alternative education in middle school and high school as well being an instructional coach for teachers at all grade levels.